

A

- Acacia- Protection, Psychic, money, and platonic love, and friendship ,spiritual enhancement,

Image result for acacia tree

Gum acacia (Acacia senegal), native to the Sudan region in Africa, yields true gum arabic, a substance used in adhesives, pharmaceuticals, inks, confections, and other products. The bark of most acacias is rich in tannin, which is used in tanning and in dyes, inks, pharmaceuticals, and other products.

Edible Acacia seeds have long served as a food source for Australian Aboriginal peoples. The nutritious seeds of the edible Acacia plants often are parched and ground into a meal for baking. Seeds have also served as sources of a coffee substitute.

Acacia colei trees make good windbreaks if planted in rows.

- Abre Camino -
- Aconite- Use aconite as a Magickal wash for ritual tools & space. Wear as an amulet for protection from vampires and werewolves. Note: Poisonous, do not consume.
- Acorn: courage, fertility, luck, power, A dried acorn is an excellent natural amulet for keeping a youthful appearance.
- Adam & Eve roots: love, happiness, Principally used by lovers; one lover carries the Eve Root & the other lover carries the Adam Root. This keeps your lover true to you & discourages rivals. Carry both roots in a small bag at all times for attraction, to bring a love to you, or for a marriage proposal.
- Adder's Tongue- Stops gossip and slander, promotes healing. Sacred to serpent deities. Used in divination, healing magick, lunar magick, and dream magick.
- African Violet- Spirituality, Protection
- Agaric- Fertility
- Agrimony- Protection, Sleep
- Ague Root- Protection
- Alfalfa- Prosperity, Anti-hunger, Money
- Alkanet- Purification, Prosperity
- Allspice- Money, Luck, Healing
- Almond- Money, Prosperity, Wisdom
- Aloe (Agave)- Protection, Luck
- Aloes, Wood- Love, Spirituality
- Althea- Protection, Psychic Powers

- Alyssum- Protection, Moderating Anger
- Amaranth- Healing, Protection, Invisibility
- Anemone: health, protection, healing
- Angelica- Exorcism, Protection, Healing, Visions
- Angelica Root - for curses & hexing
- Ague Weed - makes enemies confused
- Anise: protection, purification, youth (NOT TO BE CONFUSED WITH STAR ANISE)
- Apple- Love, Healing, Garden Magic, Immortality
- Apricot- Love
- Arabic Gum- Spirituality, Purify negativity and evil
- Arbutus- Exorcism, Protection
- Arnica: healing
- Asafoetida- Exorcism, Purification, Protection, for casting hexes on a person. Sometimes referred to as the devil's incense, asafoetida is burned to force someone to leave you alone.
- Ash- Protection, Prosperity, Sea Rituals, Health, protect one against hostile magic, **The leaves attract love and prosperity, Burn Ash wood at Yule to receive prosperity. Sleep with them under your pillow and you will have psychic/prophetic dreams. Sleep with them in a bowl of water next to your bed to prevent illness. Wearing garters of green ash bark protects against the powers of magicians. Ash can heal children just by passing the child through a split in the tree's trunk. It promotes strength, harmony, and a sense of being in tune with your surroundings. In an ancient Greek creation story, humans were formed from Ash and Oak trees.**
- Aspen- Eloquence, Anti-Theft
- Aster- Love
- Avens- Exorcism, Purification, Love
- Avocado- Love, Lust, Beauty

B

- Baby's Breath-everlasting true love, innocence, and purity of emotions between two people
- Bachelor's Buttons- Love
- Balm, Lemon- Love, Success, Healing
- Balm of Gilead- Love, Manifestations, Protection, Healing

- Balmony ~ A plant in the figwort family that is ground and used for hexing
- Bamboo- Protection, Luck, Hex-Breaking, Wishes
- Banana- Fertility, Potency, Prosperity
- Banyan- Luck
- Barley- Love, Healing, Protection
- Basil- Love, Exorcism, Wealth, Flying, Protection, House Protection, Spell Breaking, Basic Blessings
- Bay- Protection, Psychic Powers, Healing, Purification, Strength, Dreams
- Bean- Protection, Exorcism, Wart Charming, Reconciliations, Potency, Love
- Bedstraw/Fragrant- Love
- Beech- Wishes
- Beet- love
- Belladonna- Astral projection *DEADLY POISON!!*
- Benzoin- Purification, Prosperity
- Bergamot/Orange- Money, Success
- Be-Still- Luck
- Betony/wood- Protection, Purification, Love
- Bigleaf Hydrangeas- Psychic awareness/ intuitiveness, boundaries, putting up protective barriers, shielding, hex breaking, drawing love, attracting *good* things, binding, fidelity, bringing back lovers, deconstructing challenging karmic patterns, protection, redirecting curses and psychic attacks, restructuring energy fields. The flower also has strong connections to the fae.
- Big Leaf Periwinkle- Fond Memories, Fidelity, Blue Fire, Feminine, Venus, Water. Antispasmodic; Astringent; Bitter; Detergent; Homeopathy; Hypotensive; Sedative; Stomachic; Tonic,
- Bindweed ~ curses/hexing
- Birch- Protection, Exorcism, Purification, Cleansing
- Bird's Eye Chilis ~ from the Solanaceae (nightshade) family used for cursing, heating up spells, and for crafting Hoodoo powders like hot foot powder and goofer dust.
- Bistort- Psychic Powers, Fertility
- Bittersweet- Protection, Healing
- Blackberry- Healing, Money, Protection
- Black Berry Root ~ this is long used as a protection herb but can also cause bane.
- Black-eyed peas- can help open the channels of communication between the mundane and the spirit realms. They are also used for protection and to bring good luck and fortune.

- Blackthorn Thorns ~ thorns are traditionally used for cursing and protection. The thorns of the Blackthorn tree have long been used in witchcraft for pricking wax or cloth poppets to curse an intended victim.
- Black Pepper: Banish Negativity, Protection from evil
- Black Salt- banish negative forces or reverse hexes, around the perimeter of your home or space to keep away unwanted energies or spirits. Pro tip: sprinkle Black Salt in your doorways to keep your space clean from other people's energies as they enter and leave your space, Grind up Black Salt using a mortar and pestle and place the powder in anointing oils, Energetically cleanse your healing crystals by placing them on top of Black Salt, Used in ritual baths to cleanse and purify before or after any magickal workings or spells, If you end up using Black Salt in cursing or hexing workings, remember to dispose of the Black Salt properly so that lingering energies don't stick to you or your environment. You can dispose of Black Salt in the following ways: bury it at a crossroads, toss the contents into moving water such as a river, stream, ocean, or running faucet water, or burn the remains of the Black Salt in a cauldron.
- Black Spleenwort-
- Bladderwrack- Protection, Sea Spells, Wind Spells, Money, Psychic Powers, When placed near an enemy's bathroom it is said to cause that enemy to be stricken with irritation of the urinary tract.
- Bleeding Heart- Love *TOXIC*
- Bloodroot- Love, Protection, Purification, If you are looking for a substitute for human blood use this bloodroot to make diabolic wine. Can also be used for general curses.
- Bluebell- Luck, Truth
- Blueberry- Protection, Causes an enemy strife when thrown on his doorstep
- Blue Flag- Money
- Bodhi- Fertility, Protection, Wisdom, Meditation
- Boneset- Protection, Exorcism, To burn as incense and to use during curses.
- Borage- Courage, Psychic Powers
- Bracken- Healing, Rune Magic, Prophetic Dreams
- Brazil Nut- Love
- Briony- Image Magic, Money, Protection
- Bromeliad- Protection, Money
- Broom- Purification, Protection, Wind Spells, Divination
- Buchu- Psychic Powers, Prophetic Dreams

- Buckeye: divination, wealth, luck
- Buckthorn- Protection, Exorcism, Wishes, Legal Matters
- Buckwheat- Money, Protection
- Burdock- Protection, Healing

C

- Cabbage- Luck
- Cactus- Protection, Chastity
- Cactus, twisted prickly pear- Temporary homes, safety and protection, binding, concealment, to keep things hidden, secrets
- Calamus- Luck, Healing, Money, Protection
- Camellia- Riches
- Camphor- Chastity, Health, Divination
- Caper- Potency, Lust, Luck
- Caraway- Protection, Lust, Health, Anti-theft, Mental Powers
- Cardamon- Lust, Love
- Carnation- Protection, Strength, Healing
- Carob- Protection, Health
- Carrot- Fertility, Lust
- Cascara Sagrada- Legal Matters, Money, Protection,
- Cashew- Money
- Castor- Protection *TOXIC*
- Catnip- Cat Magic, Love, Beauty, Happiness
- Cat-tail- Lust, peace,
- Cedar- Healing, Purification, Money, Protection
- Celandine- Protection, Escape, Happiness, Legal Matters
- Celery- Mental Powers, Lust, Psychic Powers
- Centaury- Snake Removing
- Chamomile- Money, Sleep, Love, Purification
- Cherry (Leaves or seeds)- Love, divination
- Chestnut- Love
- Chickweed- Fertility, Love
- Chicory- Removing Obstacles, Invisibility, Favors, and Frigidity, used for curses, bringing discord and baneful practices.
- Chili pepper- Fidelity, Hex Breaking, Love, for discord, bane, curses
- ChinaBerry- Luck, Change

- Chives: protection, divination, hex breaking, love, warding
- Chrysanthemum- Protection
- Cinchona- Luck, Protection *TOXIC*
- Cinnamon- Spirituality, Success, Healing, Power, Psychic Powers, Lust, Protection, Love, against disagreements
- Cinquefoil- Money, Protection, Prophetic Dreams, Sleep, Burning over a candle wax image of an enemy to cause them discomfort.
- Citron- Psychic Powers, Healing
- Citronella: cleanse the aura, encourage creativity, clear the mind
- Cloth of Gold- Understand animal languages
- Clove- Protection, Exorcism, Love, Money
- Clover- Protection, Money, Love, fidelity, Exorcism, Success, enhancing psychic abilities, luck, Friendship, Healing, Hex-Removal, Intuition, Kindness (increase), Release (what no longer serves) Magical Uses TWO-LEAVED: If you find a two-leaved clover, you shall soon also find a lover./ THREE-LEAVED: Trefoil, or the three-leaved clover, is worn as a protective amulet./ FOUR-LEAVED: The four-leaved clover, if worn, helps men avoid military service. It also protects against madness, strengthens psychic powers, enables you to detect the presence of spirits, and leads the wearer to gold, money, or treasures./ If two people eat a four-leaved clover together, mutual love will result. Seven grains of wheat laid on a four-leaved clover will enable one to see fairies./ If you put a four-leaved clover in your shoe before going out, you will increase your chances of meeting a rich new love./ FIVE-LEAVED: The five-leaved clover is powerful for attracting money, and should be worn for this purpose./ WHITE-CLOVER: White clover is used to work against hexes, and is worn or scattered around the premises for this./RED CLOVER: This clover, added to the bath water, aids you in dealing with financial arrangements of every kind./Red clover is also used in lust potions and the infusion is sprinkled to remove negative spirits./IN GENERAL: Clover keeps snakes away from your property if grown there. When placed in the left shoe, and then forgotten, clover keeps evil from you. Worn over the right breast it brings success in all undertakings./If you have been disappointed in love, wear clover near your heart in a piece of blue silk to help you through.
- Club Moss- Protection, Power
- Coconut- Purification, Protection, Chastity
- Cohosh, Black- love, courage, protection, potency
- Coltsfoot- Love, Visions

- Columbine- Courage, Love
- Comfrey- Safety during travel, Money
- Copal- Love, Purification
- Coriander- Love, Health, Healing
- Corn- protection, luck, divination
- Cotton- Luck, Healing, Protection, Rain, Fishing Magic
- Cowslip- Healing, Youth, Treasure Finding
- Cramp Bark- curses
- Cream of tartar- Help You Quit Smoking, Urinary Tract Infections, Treating Acne, Heartburn, Weight Loss, Ant Repellent, Stain Remover,
- Crocus- Love, Visions
- Cubeb- Love
- Cuckoo-flower- Fertility, Love
- Cucumber- Chastity, Healing, Fertility
- Cumin- Protection, Fidelity, Exorcism
- Curry- Protection
- Cyclamen- Fertility, Protection, Happiness, Lust
- Cypress- Longevity, Healing, Comfort, Protection

D

- Daffodil- Love, Fertility, Luck
- Daisy- Lust, Luck
- Damiana- Lust, Love, Visions
- Dandelion- Divination, Wishes, Calling Spirits
- Datura- Hex Breaking, Sleep, Protection
- Deer's Tongue- Lust, Psychic Powers
- Devil's Bit- Exorcism, Love, Protection, Lust
- Devil's Shoestring- Protection, Gambling, Luck, Power, Employment
- Dill- Protection, Money, Lust, Luck
- Dittany of Crete- Manifestations, Astral Projection
- Dock- Healing, Fertility, Money
- Dodder- Love, Divination, Knot Magick
- Dogbane- Love
- Dogwood- Wishes, Protection
- Dragon's Blood- Love, Protection, Exorcism, Potency

- Dulse- Lust, Harmony
- Dutchman's Breeches- Love

E

- Ebony- Protection, Power
- Echinacea- Strengthening Spells
- Edelweiss- Invisibility, Bullet-Proofing
- Egg shells (Cascarilla)- protection, cleansing, fertility, luck, prosperity, growth, nourishment, hexes, and junks
- Elder- Exorcism, Protection, Healing, Prosperity, Sleep
- Elecampane- Love, Protection, Psychic Powers
- Elm- Love
- Endive- Lust, Love
- Eryngo- Travelers Luck, Peace, Lust, Love
- Eucalyptus- Healing, Protection
- Euphorbia- Purification, Protection
- Eyebright- Mental Powers, Psychic Power

F

- Fennel- Protection, Healing, Purification
- Fenugreek- Money
- Fern- Rain Making, Protection, Luck, Riches, Eternal Youth, Health, Exorcism
- Feverfew- Protection
- Fig- Divination, Fertility, Love
- Figwort- Health, Protection
- Flax- Money, Protection, Beauty, Psychic Powers, Healing
- Fleabane- Exorcism, Protection, Chastity
- Foxglove- Protection *TOXIC*
- Frankincense- Protection, Exorcism, Spirituality, reduces stress, boosts immune systems, fights cancer, kills germs and bacteria, heals skin and prevents signs of aging, improves memory, balances hormones, fertility, aids digestion, oral health,
- Fumitory- Money, Exorcism
- Fuzzy Weed- Love, Hunting

G

- Galangal- Protection, Lust, Health, Money, Psychic Powers, Hex breaking
- Gardenia- Love, Peace, Healing, Spirituality
- Garlic- Protection, Healing, Exorcism, Lust, Anti-Theft
- Gentian- Love, Power
- Geranium- Fertility, Health, Love, Protection
- Ginger- Love, Money, Success, Power
- Ginseng- Love, Wishes, Healing, Beauty, Protection, Lust
- Goat's Rue- Healing, Health
- Goldenrod- Money, Divination
- GoldenSeal- Healing, Money
- Gorse- Protection, Money
- Gotu Kola- Meditation
- Gourd- Protection
- Grain- Protection
- Grains of Paradise- Lust, Luck, Love, Money, Wishes
- Grape- Fertility, Garden Magick, Mental Powers, Money
- Grass- Psychic Powers, Protection
- Ground Ivy- Divination
- Groundsel- Health, Healing

H

- Hawthorn- Fertility, Chastity, Fishing Magic, Happiness
- Hazel- Luck, Fertility, Anti-Lightning, Protection, Wishes
- Heather- Protection, Rain Making, Luck
- Hedge Apples -
- Heliotrope- Exorcism, Prophetic Dreams, Healing, Wealth, Invisibility
- Hellebore, Black- Protection *POISON*
- Hemlock- Destroy sexual drives *POISON*, discord, cursing, sadness.
- Hemp- Healing, Love, Vision, Meditation
- Henbane- love attraction *POISON* Not used, will cause illness, discord, and melancholy.
- Henna- Healing
- Hibiscus- Lust, Love, Divination
- Hickory- Legal Matters

- High John the conqueror- Money, Love, Success, Happiness
- Holly- Protection, Anti-Lightning, Luck, Dream Magic, balance
- Honesty- Money, Repelling Monsters
- honey- happiness, offerings, sweetness, love, prosperity, healing, passion, spirituality
- Honeysuckle- Money, Psychic Powers, Protection, love,
- Hops- Healing, Sleep
- Horehound- Protection, Mental Powers, Exorcism, Healing
- Horse Chestnut- Money, Healing
- Horseradish- Purification, Exorcism
- Horsetail- Snake Charming, Fertility
- Houndstongue- Tying dog's tongues
- Houseleek- Luck, Protection, Love
- Huckleberry- Luck, Protection, Dream Magic, Hex Breaking
- Hyacinth- Love, Protection, Happiness *BULBS ARE TOXIC*
- Hydrangea- Hex Breaking *TOXIC*
- Hyssop- Purification, Protection, commanding

I

- Indian Paintbrush- Love
- Iris- Purification, Wisdom
- Irish Moss- Money, Luck, Protection
- Ivy- Protection, Healing

J

- Jasmine- Love, Money, Prophetic Dreams, Balancer
- Jezebel Root ~ is used in the famous Jezebel curse, but can also be used in other curses as well as compelling spells.
- Job's Tears- Healing, Wishes, Luck
- Joe-Pye weed- Love, Respect
- Juniper- Protection, Anti-theft, Love, Exorcism, Health

K

- Kava-Kave- Visions, Protection, luck
- Knotweed- Binding, Health

L

- Lady's mantle- Love
- Lady's slipper- Protection
- Larch- Protection, Anti-theft
- Larkspur- Health, Protection
- Lavender- Love, Protection, Sleep, Chastity, Longevity, Purification, Happiness, Peace
- Leek- Love, Protection, Exorcism
- Lemon- Longevity, Purification, Love, Friendship, hexing
- Lemon Balm- Confidence, Taken in the form of tea-relieves stress and anxiety in social situations. When you're not stressed and anxious, you feel more confident. Use fresh or dried lemon balm leaves and drink up to 3 cups each day.
- Lemongrass- Repel snakes, Lust, and Psychic powers
- Lemon Verbena- Purification, Love
- Lettuce- Chastity, Protection, Love, Divination, Sleep
- Licorice Root - Love, Lust, and Fidelity, causes natural illness inside your enemy
- Life Everlasting- Longevity, Health, Healing
- Lilac- Exorcism, Protection, Beauty
- Lily- Protection, Breaking Love spells
- Lily of the Valley- Mental Powers, Happiness *TOXIC8
- Lime- Healing, Love, Protection
- Linden- Protection, Immortality, Luck, Love, Sleep
- Liquidamber- Protection
- Liverwort- Protection, Love
- Loosestrife- Peace, Protection
- Lotus- Protection, Lock-Opening
- Lovage- Love
- Love Seed- Love, Friendship, Kinship
- Lucky Hand- Employment, Luck, Protection, Money, Travel

M

- Mace- Psychic Powers: Mental Powers
- Maguey: Lust
- Magnolia: Fidelity

- Mahogany- Mountain: Anti-Lightning
- Maidenhair: Beauty, Love
- Male Fern: Luck, Love
- Mallow- Love, Protection, Exorcism
- Mandrake- Protection, Love, Money, Fertility, Health
- Maple- Love, Longevity, Money
- Maple, Norway - Perseverance, Hardiness, Aggressive, Competition, Generosity, Balance, Promise, Practicality, Love, Longevity, Money, Practical magick, Feminine, and Masculine energy, Libra and Virgo consider this tree to be sacred, Elements of Spirit and Water, Planetary Associations: Moon, Jupiter, The great horned owl is the sacred bird of this tree,
- Marigold- Protection, Prophetic Dreams, Legal Matters, Psychic Powers
- Marjoram- Protection, Love, Happiness, Health, Money
- Marshmallow root- cold infusion, protecting, soothing, comforting
- Master Wort- Strength, Courage, Protection
- Mastic- Psychic Powers, Manifestations, Lust
- May Apple- Money
- Meadow Rue- Divination
- Meadowsweet- Love, Divination, Peace, Happiness
- Mesquite- Healing
- Mimosa- Protection, Love, Prophetic Dreams, Purification
- Mint- Protection, Strength, money, luck, love, healing, exorcism, travel, justice
- Mistletoe: protection, love, hunting, fertility, health, exorcism
- Molukka: protection
- Moonwort: money, love
- Morning glory- Banish Addiction, In Binding Spells, Find Lost Objects, Open Your Crown Chakra, For Bridging the Land Between Worlds, For Astral Travel And Visions, Renew Vows, While Mourning, To Inspire Persistence, lucid dreaming, good luck, joy, love,
- Moss- luck, money
- Motherwort (Lion's Tail, Heartwort) - Sedative, diaphoretic, nervine (relaxant), cardiac tonic, uterine tonic, uterine stimulant and tonic, emmenagogue, antidepressant, hepatic, ward off evil spirits,
- Mugwort- strength, psychic powers, protection, prophetic dreams, healing, astral

projection *CAN CAUSE MISCARRIAGE*

- Mulberry: protection, strength
- Mullein- Courage, Protection, Health, Love, Divination, Exorcism
- Mustard- Fertility, Protection, Mental Powers
- Myrrh- Protection, Exorcism, Healing, Spirituality
- Myrtle- Love, Fertility, Youth, Peace, Money

N

- Nettle- Exorcism, Protection, Healing, Lust
- Norfolk Island Pine- Protection, anti-hunger
- Nuts- Fertility, prosperity, love, luck

O

- Oak- Protection, Health, Money, Healing, Potency, Fertility, Luck
- Oats- Money
- Olive- Healing, Peace, Fertility, Potency, Protection, Lust
- Onion- Protection, Exorcism, Healing, Money, Prophetic Dreams, Lust
- Orange- Love, Divination, Luck, Money
- Orchid- Love
- Oregon Grape- Money, Prosperity
- Orris Root (Queen Elizabeth Root)- Love, Protection, Divination

P

- Palm, Date- Fertility, Potency
- Pansy- Love, Rain Magic, Divination
- Papaya- Love, Protection
- Papyrus- Protection
- Parosela- Hunting
- Parsley- Love, Protection, Purification
- Passion Flower- Peace, Sleep, Friendship
- Patchouli- Money, Fertility, Lust, attraction
- Pea- Money, Love
- Peach- Love, Exorcism, Longevity, Fertility, Wishes
- Peach Blossom-supernatural belief, practice, unselfishness, emotional healer,

bringing one back to center during stressful times, panic, forgiveness, giving the soul the love it needs to heal, healreleases self-destructive tendencies, festering resentments and anger, and allows one to see both sides of an issue to reach conciliation, encourages the love of others, and aligning with the spirituality of the universe to recognize one's purpose and how one's gifts and abilities may be used to effect change on Earth.

- Pear- Lust, Love
- Pecan- Money, Employment, Abundance (Associated with employment, success, job security, and career matters. To insure that you do not lose your job, shell a small number of pecans. While eating them, slowly visualize yourself working and enjoying your job. Take the shells to work and place them where they won't be found or removed.)
- Pennyroyal- Strength, Protection, Peace
- Peony- Protection, Exorcism
- Pepper- Protection, Exorcism
- Peppermint- Purification, Sleep, Love, Healing, Psychic Powers
- Pepper Tree- Purification, Healing, Protection
- Periwinkle- Love, Lust, Mental Powers, Money, Protection
- Persimmon- Changing Sex, healing, luck
- Plot Weed- Protection
- Pimento- Love
- Pimpernel- Protection, Health
- Pine- Healing, Fertility, Protection, Exorcism, Money
- Pineapple- Luck, Money, Chastity
- Pipsissewa- Money, Spirit Calling
- Pistachio- Breaking Love Spells
- Plantain- Healing, Protection, Strength, Snake Repelling
- Plum- Healing
- Plumeria- Love
- Poke- Courage, Hex Breaking
- Pokeweed, American- exorcisms, good magical ink and can be used in place of blood in any ritual, added to other juices and jellies to help relieve arthritis, Courage, Hex-Breaking, Fire Magic,
- Pomegranate- Divination, Luck, Wishes, Wealth, Fertility
- Poplar- Money, Flying
- Poppy- Fertility, Love, Sleep, Money, Luck, Invisibility

- Potato- Image Magic, Healing
- Pot Marigold-Calendula has numerous mythological properties, such as the ability to strip a witch of her will, or wreaths of marigolds hung over a door that would prevent evil from entering. They are specifically picked at Midsummer for their supposed healing properties.
- Prickly Ash- Love
- Primrose- Protection, Love
- Purslane- Sleep, Love, Luck, Protection, Happiness

Q

- Quassia- Love
- Quince- Protection, Love, Happiness

R

- Radish- Protection, Lust
- Ragweed- Courage
- Ragwort- Protection
- Raspberry- Protection, Love
- Rattlesnake Root- Protection, Money
- Red Cedar, Eastern Spirituality, Self-control, purifying both places and tools. power and longevity, attract love, protection charms, spells, rituals and incense, and summoning of spirits during rituals, invocations, and evocations. healing magic can be burned to attract money, and boost psychic abilities.
- Rhubarb- Protection, Fidelity *LEAVES ARE TOXIC*
- Rice- Protection, Rain, Fertility, Money
- Roots- Protection, Power, Divination
- Rose- Love, Psychic Powers, Healing, Divination, Luck, Protection
- Rosemary- Protection, Love, Mental Powers, Exorcism, Purification, Healing, Sleep, Youth, lust, magic defense, banishing, memory, and focus
- Rowan- Psychic Powers, Healing, Protection, Power, Success
- Rue- Healing, Health, Mental Powers, Exorcism, Love
- Rye- Love, Fidelity

S

- Saffron- Love, Healing, Happiness, Wind Raising, Lust, Strength, Psychic Powers.
- Sage- Immortality, Longevity, Wisdom, Protection, Wishes, clairvoyance, passion, attraction, removing negativity,
- Sagebrush- Purification, Exorcism
- St. John's Wort- Health, Power, Protection, Strength, Love, Divination, Happiness
- Sandalwood- Protection, Healing, Exorcism, Spirituality, love, attraction
- Sarsaparilla- Love, Money
- Sassafras- Health, Money
- Savory/Summer- Mental Powers
- Skullcap- Love, Fidelity, Peace
- Senna- Love
- Sesame- Money. Lust
- Shallot- Purification
- Sichuan pepper -
- Skunk Cabbage- Legal Matters
- Slippery Elm- Halts Gossip
- Sloe- Exorcism, Protection
- Snakeroot- Luck, Money
- Snakeroot/Black- Love, Lust, Money
- Snapdragon- Protection
- Solomon's Seal- Protection, Exorcism
- Sorrel Wood- Healing, Health
- Southern Wood- Love, Lust, Protection
- Spanish Moss- Protection
- Spearmint- Healing, Love, Mental Powers
- SpiderWort- Love
- Spikenard- Love
- Spotted Bee Balm- Adjusting to any kind of change or transition that disturbs the natural balance in your life., Soothing the nervous system, allowing you to focus and be more lighthearted., and Inspiring hope + compassion after stressful events.
- Squill- Money, Protection, hex Breaking
- Star/anise- Psychic Powers, Luck
- Stillingia- Psychic Powers
- Straw- Luck, Image Magic
- Strawberry- Love, Luck
- sugar - attraction, love, used to amplify any attraction spell

- Sugar Cane- Love, Lust
- Sulfur, powdered: hex breaking
- Sumac berries- Bring harmony, Solves problems, Get favor in the court ruling, Strengthen marriages, renewed energy, good health, and prosperity,
- Sumbul- Love, Luck, Health, Psychic Powers
- Sunflower- Fertility, Wishes, Health, Wisdom
- Sweetgrass- Calling Spirits
- Sweetpea- Friendship, Chastity, Courage, Strength
- Sweet Violet- Gender: Feminine, Planet: Venus, Element: Water, Powers: Healing, Peace, Protection, Love, Luck, Lust, Resurrection, Wishes, Can be used in Love Spells, Protection Magic, Rebirth/Ressurrection Magic
- Szechuan pepper -

T

- Tamarind- Love
- Tamarisk- Exorcism, Protection
- Tansy- Health, Longevity, Invisibility, Longevity Spells, Death Magic, Spirit Work, Ancestral Veneration
- Tea- Riches, Courage, Strength
- Thistle- Strength, Protection, Hex Breaking, Healing
- Thistle/holy- Purification, Hex Breaking
- Thistle/Milk- Snake enraging
- Thyme- Health, Healing, Sleep, Psychic Powers, Love, Purification, and Courage attracts fairies
- Ti- Protection, Healing
- Toadflax: Protection, hex breaking
- Toadstool- Rain Making
- Tobacco- Healing, Purification
- Turmeric- Purification
- Trumpet vine- PUBLIC SPEAKING, Dissolving blockages and self-limiting patterns regarding speech and communication. Magnifying your ability to speak freely about what's inside of you, even if it's a difficult conversation. Developing and refining your singing voice.
- Turnip- Protection, Ending Relationships

U

- Urva Ursa: psychic workings

V

- Valerian- Love, Sleep, Purification, Protection This supplement also reduces those feelings of self-esteem many of us often have during social interactions. Valerian comes in capsule form and it may take up to 4 weeks to become effective. Valerian calms the nervous system, and when we are less nervous we perform better and appear more confident. Valerian can be purchased at health food stores. Be sure to follow the low directions on the package.
- Vanilla- Love, Lust, Mental Powers
- Venus Flytrap- Protection, Love
- Vervain- Love, Protection, Purification, Peace, Money, Youth, Chastity, Sleep, Healing, commanding
- Vetch, giant: fidelity
- Vetivert- Love, Hex Breaking, Luck, Money, Anti-Theft
- Violet- Protection, Luck, Love, Lust, Wishes, Peace, Healing

W

- Wahoo: hex-breaking, courage, success
- Walnut- Health, Mental Powers, Infertility, Wishes
- Wax Plant- Protection
- Wheat- Fertility, Money
- Willow- Love, divination, Protection, Healing
- Wintergreen- Protection, Healing, Hex Breaking
- Winter's Bark- Success
- Witch Grass- Happiness, Lust, Love, Exorcism
- Witch Hazel- Protection, Chastity
- WolfsBane- Protection, Invisibility
- Wood Rose- Luck
- Woodruff- Victory, Protection, Money
- woodsorrel: healing, health, spiritual healing, joy
- Wormwood- Psychic Powers, Protection, Love, Calling Spirits

Y

- Yarrow- Courage, Love, Psychic Powers, Exorcism
- Yellow Evening Primrose- Hunting
- Yerba Santa- Beauty, Healing, Psychic Powers, Protection
- Yew- Raising the Dead
- Yohimbe: love, lust
- Yucca- Transmutation, Protection, Purification

HERBAL LIST

Gums and Resins:

- Benzoin: Burn to purify a room, or use cinnamon to attract custom to your business.
- Copal: As an incense, used for protection, purification, spirituality or to purify crystals in the smoke.
- Dragon's Blood: Add a pinch to any spell and it will ensure luck whilst protecting against any backfire situations.
- Frankincense: This resin, when burnt, releases powerful vibrations which uplift an area and drive out negativity. Used to induce visions and aid meditation. Mix with rosemary to make an all-around incense.
- Myrrh: Burn to purify the area, lift the vibrations and create an aura of peace. Always burn with other herbs and resins. When added to a mixture, it makes the incense more powerful.

Herbs:

- Balm of Gilead: Carry the bud to mend a broken heart and/or attract a new love into your life. Steep the bud in red wine for an effective love drink or burn as incense to aid spirits manifestations.
- Black Pepper: Mix with salt and sprinkle about the home to dispel any evil or

negative vibrations. Add to food to enhance circulation and boost the immune system, eliminate toxins and improve digestion.

- Celery Seed: Crush the seed, tie in a small piece of muslin, and inhale to still the conscious mind and awaken the psychic. Chewing the seeds will aid concentration. Infuse 1 tsp of seeds in a cup of water and drink daily for arthritis, rheumatism, and gout.
- Chamomile, German: An infusion added to the bath will attract love into your life but, if you wash your hands in it, it will attract money. Use as a hair rinse to lighten blond hair, whilst drinking the tea with honey will aid sleeplessness, headaches, and menstrual and menopausal problems. As a lotion, the infusion will calm sunburn and eczema. In children and babies, use a weak solution for colic, teething, vomiting, and diarrhea. A useful all-around herb.
- Cinnamon Bark: Burn as incense with benzoin to attract money, or with copal or frankincense to stimulate psychic powers. Add a decoction to honey and lemon for a wonderful cold remedy.
- Clove Bud: Burn as incense to attract riches, drive away negative vibrations and purify the area. Carry the buds to stop gossip, and also to attract members of the opposite sex. Medicinally, clove is a powerful antiseptic, clearing phlegm and fighting infection (add cinnamon to the above cold remedy). The tea aids hayfever sufferers, especially if sweetened with local honey.
- Coriander Seed: Add the powdered seed to wine for a lust potion, or crush the seed and inhale the aroma to help memory, relieve headaches and speed the body's healing ability.
- Fennel Seed: Hang the seed in a muslin bag above doors or in windows to give protection to the home. Fennel tea is an excellent remedy for the digestive system, kidney stones, cystitis, and weight loss, whilst as a gargle, it will relieve sore throats. It is also gentle enough for babies and children with colic or teething problems, and pregnant mothers with morning sickness. A warm infusion also makes an excellent eyewash for sore eyes.

- Fenugreek seeds: Now this wee spell is brilliant for attracting money - half-fill a small jar with the seeds and leave off the lid. Each day, add a couple more seeds until the jar is full. Return the spent seeds to the ground. If the money has materialized, then it is done. If more is needed, then start again. Well, it certainly works for me.
- Galangal root: Magickally, carry this herb if you need to attract good luck, or put it in a leather pouch with a piece of silver if you need to attract money. Medicinally, this is a member of the ginger family, so is an excellent remedy for indigestion, stomach pain, and vomiting. Drink the infusion sip by sip to stop seasickness.
- Grains of paradise: To bring into your life whatever you desire, hold a few grains into your hands, make your wish, then throw a few of them in each direction, starting at the north and ending in the west. Repeat regularly until your wish materializes. It is done.
- Lavender flowers: In incense, lavender promotes rest and infuses the area with peaceful and calming vibrations. As tea, it calms the nerves, reduces muscle tension, and relieves indigestion and colic. It is also a handy remedy for tension headaches and asthma.
- Marjoram, sweet: Used magickally in cooking, this herb will strengthen love, and medicinally, it lifts the spirits. Marjoram tea helps regulate the female cycle - drink 3-4 days before your period. Add the herb to sleep pillows to ensure a deep sleep, whilst giving marjoram to someone who is depressed will ensure that happiness returns.
- Mugwort: This herb is a very powerful addition to any magickal collection. Drink the infusion (and despite what you will read, this herb is actually very palatable) before scrying or any form of divination, as it aids psychic ability. Washing your crystal ball or scrying mirror in the infusion to keep it magickally cleansed, whilst standing the sphere on a bed of mugwort will aid the scrying. A sachet of mugwort hung over the front door will keep evil away, whilst carrying a sachet will increase lust and fertility. If you are an astral traveler, then it will be easier to project with mugwort by your side. Medicinally, mugwort tea is excellent for menopause.

- Mustard seeds: Mustard stimulates digestion and enhances absorption, whilst an infusion will fight off colds and infections, lethargy, and depression, used as a footbath (yellow) or as a gargle, it is antiseptic for sore throats and tonsillitis. Mustard with your meal helps the body to fight colds, arthritis, and rheumatism.
- Nutmeg: Carry for luck and protection, and sprinkle the ground nutmeg into candles or incense to attract money. String the nutmeg and place it around a baby's neck for a herbal teething ring.
- Patchouli leaf: Magickally, this leaf is mainly used to attract money. Add to prosperity incense, cash tins, and purses, or sprinkle in a circle around a green candle to attract wealth, prosperity, and fertility (another favorite spell of mine - simple but effective).
- Poppy seeds: Carry the seeds to attract luck and money, whilst eating the seeds will help achieve pregnancy as they promote fertility
- Sage: Burn sage to banish evil and negativity. Crush between the fingers, inhale and visualize money and abundance coming into your life. Medicinally, this infusion is an excellent gargle for sore throats or footbaths for fungal infections. Take a leaf and rub it on your teeth for an extra clean feeling. During the infusion if you suffer from night sweats, or have had a viral infection as sage is a tonic to the system, lifts the spirits, relieves tiredness and lethargy, and helps with concentration. Not for pregnant or lactating women.
- Star Anise: Add incense to increase psychic powers, and wear the seed to promote psychic ability and bring luck.
- Thyme: Inhale to stimulate the conscious mind, as it closes down the psychic - place in sleep pillows to prevent nightmares. Thyme enhances the immune system and aids the body to fight infection, so drinking the infusion and adding thyme to food will relieve asthma and bronchitis, soothe digestion and relieve urinary infections and water retention. Adding the infusion to the bath makes an excellent remedy for exhaustion, insomnia, anxiety, and depression, and a gargle makes a great mouthwash and remedy for sore throats.
- Yarrow: Use yarrow to attract love and rekindle friendships. Drinking an infusion

will aid psychic powers. Medicinally, yarrow is excellent at the start of an infection, cold, sore throat, or flu, especially for children, sweetened with honey, as it causes the body to sweat to clear toxins away from the body. Its diuretic properties make it a useful tea for urinary infections and fluid retention. Externally, use the infusion for sore eyes, as a cleanser and toner, and as a hair rinse for dandruff and "falling hair".

Recipes:

- For Centuries, skincare products have been individually made in the household kitchen from natural, local ingredients to meet the daily needs of the family. Using age-old wisdom of herbs and other natural products such as beeswax, to produce a range of simple preparations" like granny used to make" with ingredients you can pronounce.
- Cream for Hands: A popular need is a cream for dry skin. Used for hands, face, knees, and elbows, beeswax cream can be made for any dry skin problem. If your skin is really in a mess and needs more help use Cocoa Butter.
- Beeswax Lip Balms: Forget about petroleum jelly - beeswax and almond oil combine to make a very effective and long-lasting lip balm. Flavor it with essential oils of either lemon, tangerine, or peppermint.

For skincare use:

- For light cleaning use, Ylang YlaFor nourishing thing cleansers use cocoa butter and beeswax

Moisturiser uses almond oil, coconut oil, beeswax, and floral water: with Geranium & rose water for normal-dry sith Patchouli and tea tree water for oily & problem skin with lavender water and oil for all skin types. For the toners/astringent, after cleansing and before moisturizing, then simply use a hydrolat. A hydrolat is the water/herb portion of extracting essential oils and is a great natural remedy for all sorts.

- Lavender water - for all skin types
- Rosewater for normal-dry & mature skin
- Orange flower water for normal - oily skin

- Tea Tree water for problem skin/acne
- Jasmine water for no reason other than the aroma
- Tinctures are the most potent way of taking herbs. The herbs are macerated in a mixture of alcohol and water, to extract all their medicinal properties, and the alcohol content ensures their lasting qualities as well as extracting the properties that are not soluble in water. The tinctures are then generally taken in drop form, diluted in water, and taken internally up to 3 times daily unless otherwise stated. For such problems are eczema, cold sores, varicose veins, and other skin problems, they can be diluted and applied topically to apply the remedy from the outside as well as the inside.
- Calendula (Marigold): is an excellent detoxifying, internal remedy for external problems such as eczema, acne, varicose veins, and thrush, as it is antifungal, antiseptic, antibacterial, and antiviral. It can also be diluted and applied topically to skin problems to speed the healing process. Apply neat to cold sores for a quick remedy for an annoying problem. The tincture is also excellent for internal problems such as peptic ulcers and colitis, as it acts as an anti-inflammatory on the digestive system.
- Chamomile German: A gentle, calming tincture for anxiety, stress, insomnia, and stress-related digestive problems such as indigestion, IBS, and peptic ulcers. Also, use for Crohn's disease and to ease period pains.
- Chaste Berry: A tonic for the female gynecological system, used for hormonal-related problems such as infertility
- Devil's Claw Root: Take between 5-15 ml daily to relieve arthritis, rheumatism, gout, and muscular back pain, as it is anti-inflammatory thus reducing swelling and diminishing pain. For diabetics, it is now a valuable herb for reducing the need for insulin, but **MUST** be discussed with your doctor first. **DO NOT USE IF SUFFERING FROM STOMACH OR DUODENAL ULCER, OR IF PREGNANT.**
- Echinacea: Use to stimulate the immune system to counter both viral and bacterial infections such as colds, flu, coughs, sore throats, tonsillitis, bronchitis, M.E., and allergies such as asthma. Also, I used to fight recurring mouth ulcers and cold sores. Can also be applied topically. **WORKS MORE EFFICIENTLY IF TAKEN FOR 3**

WEEKS, THEN GIVEN A REST FOR A FEW DAYS.

- **Eyebright:** Take the tincture internally for bad colds or hay fever, where streaming eyes are a problem, as it has a drying, analgesic, and anti-inflammatory effect. Also, dilute and use as an eyewash for conjunctivitis, sties, itching, and tired or strained eyes.
- **Feverfew:** Used daily, feverfew has been shown to lessen the frequency of migraine attacks, but is also used every 30 minutes during an attack. **DO NOT USE IF PREGNANT OR TAKING ANY BLOOD-THINNING DRUGS.**
- **Ginkgo Biloba:** Ginkgo retards the aging process, so can be used to alleviate age-related problems such as short-term memory loss, concentration, headaches, depression, degenerative senility, high blood pressure, arteriosclerosis, and angina. It can help prevent heart attacks and strokes and improve visual acuity, hearing, moods, and balance. Getting a reputation as the "herbal Viagra" as it reaches the parts needed to be reached. It also helps tinnitus and children with dyslexia. **NOT TO BE TAKEN FOR PROLONGED PERIODS.**
- **Hyssop:** This undervalued herb is extremely useful for warding off infection and enhancing immunity. It is a decongestant and expectorant used for colds, flu, bronchitis, catarrh, sinus problems, asthma, and pleurisy. Dilute as a gargle for sore throats, and use to recover afterward to aid the recovery of the immune system. Combine with licorice for stubborn coughs and bronchitis. **NOT TO BE TAKEN AS A PREVENTATIVE BUT DURING AN INFECTION.**
- **Juniper Berry:** Juniper reduces water retention, increases the flow of urine, flushes poison and waste from the body, and washes out the urinary tract, so used for Cystitis and other urinary infections. Use only for short periods. **DO NOT TAKE IT IF PREGNANT OR SUFFERING FROM KIDNEY DISEASE.**
- **Lime Flower (Linden Blossom):** This wonderful remedy is useful for all problems relating to anxiety and stress. It relaxes the heart, calms the nerves, eases panic attacks and palpitations, and lowers raised blood pressure. Also handy for stress-related digestive problems.

- Licorice: This sweet root is anti-inflammatory, anti-allergic, and anti-arthritis (same effect as cortisone). It is well-documented for healing stomach ulcers and relieving heartburn and indigestion, it is soothing and healing for respiratory problems, such as coughs, bronchial asthma, and chest infections, and is very useful for hay fever and allergic rhinitis. It also helps the system to recover following steroid treatment. Mix with other remedies to make them more palatable
- Meadowsweet: This is a natural aspirin, it has the same analgesic effect as aspirin but protects the stomach by stimulating mucus to line the stomach. Its anti-inflammatory and analgesic effects make it good for arthritis, rheumatism, and gout if the joints are "hot and swollen". It relieves headaches, and fever in colds and flu, and is helpful for cystitis, kidney gravel, and stones. Its antacid effect makes it useful for indigestion, heartburn, colic, peptic ulcers, and griping pain. It also relaxes you to aid sleep during its use for any of the above. Nature gentle but effective aspirin. DO NOT TAKE ALLERGIC TO ASPIRIN.
- Myrrh: Use diluted tincture as a gargle for sore throats, and an effective mouthwash for gum infections and mouth ulcers. Combine with witch hazel for an effective remedy for cold sores. NOT TO BE TAKEN INTERNALLY
- Nettle: This cleansing herb restores vitality to the system by ridding the body of toxins. It clears the skin, relieves fluid retention & cystitis, whilst softening any kidney stones and gravel, and is a remedy for bedwetting and incontinence. Use for catarrhal congestion & problems such as asthma, bronchitis, and hayfever.
- Peppermint: This herb is an excellent remedy for the digestive system. Use for colic, flatulenc and IBS, vomiting, and diarrhea spasms.
- St. John Wort Known as the sunshine herb, take this tincture daily to relieve depression, PMT, SAD and menopausal problems. For bed-wetting, give it at night-time to strengthen and calm the system. DO NOT TAKE IF TAKING PROZAC OR SIMILAR, OR IF PREGNANT
- Sage: Use this herb as a general tonic to the system following a viral infection, especially if left tired and lethargic. Also valuable if troubled with the "night sweats"

in menopause, as it helps the body to adapt to the change. DO NOT USE IF PREGNANT OR EPILEPTIC.

- Valerian: Stronger than chamomile and lime flower, this is the remedy for nervous tension, anxiety, and insomnia. It gives new life to those suffering from fatigue and its strengthening action on the heart makes it good for palpitations and high blood pressure when stress-related.

Crystals and Gemstones

Gemstones and Crystals can help you to transform your life by being absorbed into the aura to heal the body on a holistic level, and being used and worn to attract health, wealth, and prosperity on a magickal level.

To gain these wonderful benefits, you must always remember to cleanse and program each crystal and keep it for your use only.

To cleanse a crystal, it must be able to release the negativity into another element. This can be done by using one of the following techniques;

Wash in a river in rainwater, and leave to dry in the sun for a couple of hours (elements of water and fire)

Leave outside in the elements for 24 hours (Sun and Moon, Wind and Rain)

Fill a clay pot with soil and bury the crystal for a day (element of Earth)

Hold the crystal and smudge with incense, by holding the stone in the smoke of a purifying herb (Element of Air).

- Once cleansed, hold the Crystal in your Power hand (the hand you write with), and ask the stone to help/heal you, and that the stone will only be used to the benefit and good of all, thus empowering it so it cannot be used in a disharmonious way to hurt or harm anyone.
- Minerals and their magickal meanings:
- Agates: eliminates negativity whilst stabilizing and cleansing the aura. A stone of luck, it helps you in your endeavors, giving you the strength to carry them through. There are lots of varieties of Agates.
- Agate blue lace: For gentle people who need help in speaking out for themselves. This stone strengthens the skeletal system, so will help in mending fractures and breaks and help sufferers of arthritis.
- Agate Brazilian: This fortification agate can help in astral travel and meditation. Good for pain, it helps with strains and sprains, enhances digestion, and stabilizes the heart and pulse rate.
- Agate fire: The fire helps you to be the best you can be.
- Agate crazy-lace: Good for the bio-rhythmic highs and lows, as it brings them into balance and gives you high levels of energy. The "crazy" bit helps you to laugh out loud.
- Agate moss: Forego and self-esteem, it balances the emotions and strengthens your positive traits.
- Agate Turritella: Use for fatigue and general health and when overcoming life's

general trials and tribulations and it is a stone for survival.

- Amazonite: Another stone for the maintenance of health, Amazonite is a stone of courage to help you achieve your dreams. Good for attracting money, and use for matters of the heart, especially when communication is required.
- Amber: Containing the energy of the sun, this is a stone of energy to calm the nerves and brighten up your life. A stone of luck, strength, healing, and protection, I wear a piece of amber all the time. It is a talisman of travel, so keep a piece in the car. In days gone by, it would have been ground down and used as a penicillin-type remedy. Its healing capabilities purify the body, mind, and spirit. Yellow amber brings forward creative energies, whilst green amber opens the heart and attracts love.
- Amethyst: The stone of contentment dissolves stress and helps you simply to cope with life issues by lifting your spirits. It brings strength, calm, and peace. It aids meditation whilst helping you to find your spiritual path. It brings common sense and flexibility in decision-making and changes needed. In the past, it was used to avoid drunkenness. Good for posture and the skeleton system, it is commonly used for arthritis. It also helps insomnia and headaches (usually resulting from stress), and opens the way to the 6th sense, sharpening the psychic mind.
- Ametrine: A mixture of amethyst and citrine, it combines the qualities of both stones.
- Angelite: Connected to the throat chakra, this is a stone of communication, enhancing astral travel and telepathic communication, channeling, and psychic healing. Use for throat problems.
- Apatite: Apatite enhances creativity, healing, communication, and teaching, whilst enhancing clairvoyance, clairaudience, clairsentience, and insight into a past life.
- Apophyllite: A member of the Zeolite family, this is the stone for computers as it transforms the positive ions into negative ones, ensuring the body is not harmed. It also helps Reiki's energy flow. A useful stone for astral travel, it also brings light, energy, and love into your heart.

- Aquamarine: This is the stone if you need to "always be prepared, its gentle energy helps judgemental people to be more tolerant, and those who get swamped down with responsibility to stand up for themselves, whilst bringing order to the chaos.
- Aventurine: A stone for the heart, it calms troubled emotions, and as money and lucky stone, it attracts prosperity. It helps enhance leadership qualities and strengthens the instinctive part of your nature.
- Azurite: A psychic stone, azurite provides insight into all areas of your life. It enhances creativity and decision-making, confidence, and memory. Use for healing magick and energy blockages. This stone will help give your life direction, and aid meditation and relaxation.
- Bloodstone: Use to revitalize love and friendships and to benefit the internal workings of the body. As its name suggests, it keeps the blood healthy and helps with blood-related diseases. It is a wonderful stone for healing children. It lengthens lifespan spans and eliminates anger. Helpful in court and legal matters, it is also a money stone. Carry or place in the till to attract wealth. It is a good stone when your creative abilities or talents need directing.
- Bornite: Also most often known as Peacock Rock, this is the stone for joy and happiness. It helps in situations where something needs letting go of, especially if it will then increase your ability to enjoy life. It can also help you to realize those things that are blocking your life and must be dealt with.
- Calcite: A major balancer of the body, this stone comes in every chakra color. It helps the body to remember what it was like when it was without illness, and go back there. Good for students of Arts and Sciences. Use clear calcite for meditation and connection to the upper realms, pink for love rituals, green for money spells, blue for healing, and orange for energy. A very useful stone.
- Carnelian: This stone increases physical energy and stimulates the sexual regions. It eliminated apathy and stimulates inquisitiveness. It also allows us to get rid of things that need dealing with, things that anger us - envy, jealousy, and all the negative emotions that we try and hide. Good for the study of drama and theatrical pursuits.

- Celestite: This is a beautiful blue crystal cluster and brings about a feeling of inner peace. It brings calm and balance in times of despair and love and light in times of pain.
- Chalcedony: A stone to balance body, emotions, mind, and spirit, chalcedony increases mental stability and eliminates sadness. Place it under the pillow to be rid of nightmares or wear it to protect against psychic attacks. Its green color ensures success in all undertakings, and it also attracts luck.
- Charoite: This beautiful purple stone from Russia allows the heart to open to receive love and connects us to the spiritual dimensions. A wonderful stone of transformation, Charoite also assists in the 2nd sight, and the bringer of healing by cleansing the body and helping it transform illness into well-being.
- Chialstolite: Known as the Cross-stone, this averts the evil eye, dispels negativity, and brings about change by helping you grasp hold in the "new" area.
- Chrysocolla: A stone of emotion and love, I refer to this as a woman's stone. It eases emotional heartache and opens our capacity to love. It gives inner strength in times of communication and endurance in long and stressful situations. Good for stabilizing the home and eliminating negativity within a person. If you suffer from lung problems, wear chrysocolla as it re-oxygenates the cellular structure.
- Chrysoprase: For compassion and clemency, Chrysoprase banishes greed, envy, jealousy, selfishness, and tension whilst attracting friends and success without judgment and bringing about a feeling of joy. Use also for protection and to attract money.
- Citrine: The stone for health, wealth, and happiness, this links us to the very center of our being. It never needs cleansing. It helps us focus on our aims with optimism and laugh with meaning. A positive stone for relationships, business, and family. It stabilizes emotions and looks for the good and positive in all situations. A lot of citrine on the market is actually heat-treated amethyst, which will simply not do the job so beware.

- Copper: Apart from increasing circulation and being helpful for arthritis and rheumatism, it enhances creativity, stimulates optimism, and combats lethargy. If wearing a copper bracelet, remember to write on the opposite wrist to the hand you write with, if you see what I mean.
- Danburite: Danburite allows your inner light to shine and helps you to get along with others. It activates the mind and opens the heart to help you to love yourself.
- Diamond: For love and harmony, it brings confidence to your emotions and trust and fidelity to relationships. It fills the aura with healing light and attracts abundance into your life. It releases any sexual dysfunction and reconciles quarreling lovers.
- Dumortierite: This is the stone for you if you need to be able to stand up for yourself. It enhances patience and stamina whilst clearing away any unsettled areas in relationships.
- Emerald: For loyalty, sensitivity, and domestic bliss, emerald helps you to know the right action to take. It brings harmony to your life as well as love. It also can be used if you are involved in legal affairs and promotes sales in business affairs. Wear secretly to attract a lover into your life
- Flint: Use to relieve shyness and sever ties in distressful situations, this protective stone should be placed on altars during rituals and spells. Seek out from the beach. Place on windowsills and at doorways to ensure your home is also protected at all times.
- Fluorite: This beautifully colored stone is wonderful for all health problems as it helps counteract anything that is in disorder, by purifying and eliminating. It also helps bring order to those chaotic situations that we all come across. Use the green fluorite to spring-clean your life and eliminate anything negative in your life. Place on computers as well, for balancing the body and ensuring the harmful ions are eliminated.
- Garnet: Magickally, garnet was given between parting friends to ensure that their

paths crossed again. Garnet is known as the stone of health and brings order to that which is in disorder. It gets rid of things at the onset and is best known for its regenerative powers in the mental, physical, emotional, and spiritual systems. A gentle, steady progressive stone.

- Gold: The majestic metal improves character from learning situations and attracts honor, wealth, and happiness. Gold purifies the physical body, clears negativity from the chakras, and rebuilds the nervous system. Can also balance the left-hand/right-hand sides of the brain so used in conditions where physical coordination needs attention.
- Hematite: This is the stone to help you "go for it & reach for the sun", should that be the push you need. It attracts good love into your life, whilst bringing tranquility, peace, and inner happiness. A stone you will either love or hate, helps with spinal problems and bone fractures. Good for grounding.
- Herkimer: Known as diamonds, these are small, double-terminated quartz found in New York only, and carry an expensive price tag for the real McCoy. Magically, they can be used instead of diamonds. They help you to "begin again", and increase energy and relaxation, whichever is most required. They stimulate clairvoyance and clairaudience capabilities whilst eliminating fear and repression. Herkimer dispels toxins from the body, alleviates tension, bringing calm to the user. Lovers can hold 2 diamonds in their entwined hand pouring their love for each other into the stones, kissing, and then keeping one each. This way, even when parted, the Herkimer contains part of them and keeps you linked together.
- Iolite: Iolite is the stone for astral travel and guided meditations. It helps release any unwanted discord from your life and enables you to enjoy each moment life has to offer. Good for getting rid of debts as it helps you to face up to your responsibilities and deal with them. Good for the liver.
- Jade: The stone of dreamers should be placed under the pillow if you wish to recall your dreams. Wear to attract love and to assist healing and well-being. Good for confidence and for aiding self-sufficiency, it can attract money if so programmed.

- Jasper: This stone is a reminder that we are not just here for ourselves but for others as well. It is protective and balanced, stabilizes the aura, eliminates negativity, and cleanses the body. Good for energy when it is required to be high, and calming when the nerves are frazzled.
- Jet: Good Whitby jet is so hard to find these days, but is required by all witches. Protective for businesses and travelers, it also helps in cases of depression. Use to stabilize finances.
- Kunzite: A stone for the heart and expressing emotions, this is the "drug" of all stones. The trip to Kunzite can be quite stimulating, bringing calm when distracted, and wisdom when needed. It stimulates sensitivity and sensuality. Good for the heart muscles, lungs, and circulation. Place it on your desk if you work in stressful conditions, and keep it in the car if you are constantly stuck in traffic, as it calms the nerves. A lovely stone.
- Kyanite: Another stone that never needs cleansing, this balances the whole body, aura, and chakras. It brings calm and tranquillity and gets rid of frustration and anger. The stone for meditation and dreaming.
- Labradorite: It has the energy of both the sun and the moon, giving you strength, energy, and perseverance in times of change and challenge, but also filling the voids in the aura for healing and giving peace of mind. It helps you to reach your destiny and brings clear psychic wisdom. It reduces anxiety and stress, and above all, it is a wonderful stone to look at and play with.
- Lapis Lazuli: A major healer, this is the best stone for depression and to help you smile. It helps bring success to relationships and organization to your life. It is protective against both physical danger and psychic attack. Use for all muscular, skeletal, and cellular disorders.
- Larimar: Known as Pectolite, this is a stone for business if customers are in need. It releases chains in a material world. It enhances healing, peace, and clarity, bringing inner wisdom and physical manifestation.

- **Lepidolite:** This lilac stone reduces stress and gives hope. It is the stone for transition, helping you to coordinate the new and bring about change smoothly. It brings trust, honesty, and openness and clears blockages.
- **Malachite:** Provides protection for children and love for those who need it. Place a piece in areas where sales need improving. If you need to reach the desired goal, malachite helps to remove obstacles and attain the desired end result. It helps accept responsibility for your actions. It brings fidelity to relationships, loyalty in partnerships and friendships, and responsibility in business. It helps you attain your spiritual quest and progression. Helpful for asthma, arthritis, swollen joints, and torn muscles. It will also enhance your immune system.
- **Moldavite:** The ultimate meteor, this will have no attraction until such times, as you are ready. It will do what it needs to do for you when you need it. That is why you have to be ready to understand the message.
- **Moonstone:** The stone for women, this is protective and a talisman for females, so give to women traveling abroad, etc. This balances the female body and cycles and rejuvenates the skin, hair, and eyes. It is the stone for hopes and dreams, bringing what is needed (not wanted) to the user. It helps you to understand emotions and to exhibit self-expression with diplomacy, confidence, and composure. It is a stone of good fortune and luck, bringing happiness to the home and harmony between lovers, pouring your desires into the stone, and giving to your partner. A very useful stone.
- **Morganite:** This is pink Beryl, which is used to activate and cleanse the heart and bring love into your life. It will also help love to grow and prosper and listen with your heart. A very powerful stone for the lungs, it helps oxygenate and rejuvenate, so used for asthma, TB, etc.
- **Obsidian Black:** Use for grounding and protection, this protects against negativity and negative thoughts. It allows you to see future actions and brings creativity in all endeavors.
- **Obsidian Rainbow:** The rainbow brings love light and hope into your life and allows you to obtain pleasure and enjoyment, especially in love and family matters.

- Pearl: Use for faith, focus, and integrity, it symbolizes purity and sincerity. It calms noisy and boisterous behavior. Use to increase fertility and assist childbirth.
- Peridot: The green stone attracts money and love. It brings openness to love and relationships. It regulates the cycles in your life, cleanses the chakras, and heals a bruised ego, bringing happiness into your daily life. Its healing capacity is a tonic to the body, strengthening and rejuvenating.
- Pyrite: The energy of the sun provides a protective shield, eliminating negativity and bringing about a flawless state of health. Puts the sunshine back in your life.
- Quartz: Good for the mind, body, and soul, this is the main crystal. It does everything and increases the ability of the other crystals in its field. Use for meditation, pain, and all healing. If you only use one crystal, make sure it is quartz. Remember, its energy runs our world imagine what it can do for you.
- Rhodonite: A stone of love, this helps you reach your potential whilst dispelling chaos and anxiety.
- Rose Quartz: The stone of gentle love, this energy is soft and gentle, bringing peace and calm to relationships and helping you to leave the past behind, healing emotional scars. It helps you to feel good about yourself. If you feel good about yourself, you can love others as well. Its calm energy dissolves stress and tension. The best stone used for soul mate spells. Program the stone to bring your soulmate to you and then wear the stone against your skin at all times. Your soulmate will walk into your life in no time. Best spell for those Wiccan who doesn't love spells.
- Ruby: Whoever owns ruby will always be wealthy, thus stabilizing your finances. It helps concentration and brings success in controversy. It protects against psychic attacks and allows light into your life. You can change the world with this stone if you really want to. Remember it must be real.
- Rutile: Usually an inclusion in quartz, Rutile is the hair of Venus, the arrows of love. This stabilizes relationships and any physical and mental imbalance. It eliminates

interference and stimulates sexuality.

- Sapphire: Promotes fidelity between lovers, and brings their feelings together. In fact, use for any relationship problem, not just marital. Use for legal matters. Wear to strengthen your ability to work magic and induce psychism. It will bring joy and peace to those that wear it (real, not grown) and will help balance both mind and body.
- Selenite: Use for clarity of the mind and energy to the body. The main thing is access to past lives allowing you to see what is required in this life and why. It extends the lifespan if so programmed.
- Silver: The female metal, used at the time of the new and full moon. It provides patience and perseverance in your chosen tasks and brings about a connection with the spiritual plane.
- Smoky Quartz: Grounding and healing, this subtle stone works slower and gentler than quartz. It balances the mind, body, and energy levels, whilst stimulating higher awareness of the psychic realms. Its gentle action avoids a healing crisis. It brings joy in living and insight into challenging matters.
- Sodalite: This stone helps make strong friendships, enhancing self-esteem, self-trust, and trust in others. Use also in group situations. It can eliminate confusion and stimulate the intellect.
- Staurolite: Known as the fairy cross, this is a good luck talisman, and enhances white magic. It relieves stress and depression and eliminates addictive traits. The only stone if you wish to stop smoking, as it provides the grounding that smoking apparently provides.
- Sugilite: This purple stone activates psychic awareness and aids meditation. It reminds you of the reason you are here, now. It eliminates hostility, anger, jealousy, and prejudice, and gives you a feeling of being free. It brings peace and calm in times of despair and helps you learn the lessons of life.

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- Tektite: A talisman of fertility, wealth, and a bringer of power and energy. Used by psychic surgeons, it brings light and healing. From
- Tiger-eye: Use for study and dilemmas, this energy eliminates the blues and brings about optimism and brightness. It opens up your passion for life and stimulates wealth and stability. Use for courage and conviction, as well as healing. A sunny bright stone.
- Tourmaline: Another of my favorites, tourmaline attracts inspiration and encourages self-esteem. It balances the energy centers of the body and balances the brain.
- Tourmaline black: Known as Schorl, this is grounding and protective. It increases physical vitality and emotional stability, maintaining the spirit even in times of gloom and doom. Use for sending negative spells back to their source actually increases the well being of its victim.
- Tourmaline Pink: Brings love and friendship, joy and enthusiasm, hope and peace.
- Tourmaline Red: Rubellite strengthens the will and promotes courage.

- Tourmaline Green: Use to draw money and attract success, prosperity, and abundance. Use in the study of plants. Wear for weight loss.
- Turquoise: A master healer, it averts the evil eye and protects its wearer. It brings peace of mind and heals the spirit. It brings clarity of mind and enhances trust and kindness. A warm stone can initiate romance and love. It strengthens the entire body and eliminates all that is in dis-order.
- Zeolite: As Apophyllite, this is the group stone. Also includes prehnite and stilbite. Also useful for computers, toxins, and Reiki.

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